

2018 UDA PROGRAM INFORMATION

Overnight Camps ONLY!

Team Turnt Up (formerly crazy night): Night 3 of camp has transformed from crazy night to Team Turnt Up! The evening will be filled with fun games and activities that center around this years theme...SPACE. We want to see you come in your most out of this world outfits!

Team Building Activities: At UDA camp your team will have the opportunity to bond and unite. At camp this summer your group will go home with a team poster which will be a representation of your dancers achievements during camp. There will be different activities throughout camp to help bring them together and prepare them for a successful season. Be sure to bring metallic markers to complete your team poster!

#squadgoals: We are bringing these classes back this year but with some fun new additions. During this time at camp we will offer up to 5 classes to help teams reach their #squadgoals! Classes include sideline/game day prep (including 2 routine options), social media, public speaking, coaches and rookies working together and pyramid to success.

Elective Skills Stations: This technique class will offer your dancers an opportunity to fine tune a variety of skills at their personal ability level. During this class time dancers will be able to choose 2 stations to enhance a specific skill at each station. The skills will vary at each camp, but will include turns, leaps, jumps, kicks, lifts and hip hop skills of varying levels.

Team Technique: Your team will now have 2 separate Team technique sessions to allow them to focus on a specific skill in each class. Teams can choose any skill to work on in each of those classes which will be one on one session with a UDA instructor. This class will focus not only on perfecting your teams chosen skills, but also synchronizing them as a team so they are performance ready.

Performance Routines: These brand new routines will be offered in place of what used to be called "C" routines. Teams will learn these routines as a group and be evaluated as a team. A variety of styles and levels will be offered as well as multiple review sessions and private coaching time with the UDA staff.